Wish to thank the following sponsors for the support given to the production of this newsletter.

Mini Mees Child Care Centre
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Fax: 3803 2699
Email: minimees@kali.net.au
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0412645991
ABN: 335 960 277 92

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Drama
& Hip Hop

Phone: 3297 1245
Mobile: 0413 059 338

Browns Plains Baptist Church
- Sunday worship 9.30am
- Sunday School 10.00am
- Kids Club 7.00pm
- Youth Group Fridays

All welcome
Meeting at:
Browns Plains High School
Performing Arts Building
Enquiries:
Phone 3800 5928
www.browns-plains-baptist-church.com

CELEBRANT
Trish McMahon
I am a professionally trained authorised Civil Celebrant
“Together we can create your perfect ceremony”
Ph: 0417 856 058
Email: patricia_mcmahon@bigpond.com

Browns Plains
3800 3322
Shop 1, 191-195 Waller Road
REGENTS PARK
Ph: 07 3800 3322

Sales neigiles@brownsplainsrealestate.com.au
Neil Giles: 0405 158 449
Rentals candicele@brownsplainsrealestate.com.au
Candice Le: 0405 269 163
www.brownsplainsrealestate.com.au

Come and try our Duff classes at Regents Park on Tuesday & Thursdays
at 5.30pm or Browns Plains on Saturday mornings at 7.30am - first class is Free!
We also offer one on one personal training sessions in our Air Conditioned Gym at New Beth.

EFTPOS available – No personal cheques
Open:
Monday 2:30 – 3:30pm
Wednesday 8:30 – 9:30am

Need Uniforms?
Yugum Bir State School
Uniform Shop - Phone 3380 0354

Expires: 30 June 2015
YUGUMBIR STATE SCHOOL PARENTS AND CITIZENS’ ASSOCIATION
NEWSLETTER – 3rd February 2015

Available online: www.yugumbirss.eq.edu.au
P. & C. Meeting: every 3rd Tuesday of the month at 7:00pm.

Rules of the Week:  

Our new Yugumbir school wide expectations are for students to be:

Safe,
Outstanding Learners;
Always Responsible and
Respectful

PRINCIPAL’S MESSAGE

Dear Parents, Carers and Students

Welcome to what will be an exciting and rewarding year. I trust that you have had a safe and enjoyable summer break and that you took the opportunity to rest, relax, recuperate and spend time with family and friends.

I would like to particularly welcome all our new families, mainly our families in Prep. We look forward to forging strong and lasting relationships with you, as together, we support your children on their school journey at Yugumbir State School.

To our existing families, welcome to a new chapter in the lives of your children – one in which we trust that your children will continue to grow, work to their potential and achieve their goals.

Our caring, hardworking school staff have hit the ground running. They have a strong sense of purpose and are dedicated to ensuring your child is provided with the best education and leave you in no doubt that Yugumbir State School is a great school.

As the year unfolds, I’m sure I will see and feel a strong sense of cooperation and support from all parents.

If you have any queries or concerns, please feel free to contact the school office. We believe that it is critically important for your child’s educational experience that they have a sense that a positive, healthy relationship exists between their parents and the school. This provides them with a sense of security which is a foundation for good learning.

My Deputy Principals will continue to support you with any school related issues. Don’t hesitate to contact them if the need arises. Their school sector responsibilities are as follows:

Mrs Wakefield - Pre-Prep Programme and Prep
Ms Teresa Perry - Years 1 & 2
Mr Wills - Years 3 & 4
Mr Geeves - Years 5 & 6

I look forward to seeing you around the school in the weeks to come and wish you every success and good fortune in the year ahead.

Tony Maksoud
Principal
School Banking

Student Banking recommences Wednesday 4 February. Great new theme of outer space and a wonderful competition for one banker to win a family trip to Disneyland (have to deposit 25 times this year to go in the draw).

Disneyland with School Banking

Rewarding Regular Savers with a Chance to Win

The School Banking Program can help put your child on the path to good savings habits. And, in a first for School Banking, it might even put them on a path to Disneyland, where they can ride Space Mountain, meet Mickey Mouse and other Disney characters, plus much more!

How to enter

Every student who makes 25 or more School Banking deposits during 2015 will automatically go into the draw to win a trip to California’s Disneyland for up to two adults and two children.

The Grand Prize

- Return economy airfares to Los Angeles, California from Sydney, Melbourne or Brisbane. In the event the winner resides outside of these cities, return domestic airfares will also be provided.
- Five nights accommodation at Disney’s Paradise Pier Hotel
- Return private airport to hotel transfers
- A three day Theme Park Hopper ticket (includes same day admission to both Disneyland Park and California Adventure Park)
- A Disney Family Breakfast Dining Experience
- AUD$2,000 spending money.

About the Rewards Program

Rewarding Good Savings

To help reward individual savings efforts, every time a student deposits into their Youthsaver account through School Banking, regardless of the amount, they’ll receive a Dollarmites token. Once they’ve collected 10 tokens, they can redeem them for a variety of exciting reward items. They’ll also receive a certificate when they reach certain savings milestones.

2015 Reward Items

These fun rewards are a great way to keep children motivated and demonstrate the value of saving:

- ET DVD
- Planet Handball
- Invisible Ink Martian Pen
- Intergalactic Rocket
- Glow-in-the-Dark Solar System
- Cosmic Light Beam Torch
- Outer Space Savers Money Box
- Lunar Light Band

Book Orders

You can order your school books online at www.edsco.com.au or phone 3350 2677. You may contact Edsco directly anytime throughout the year for orders.

Student Absences:

Phone - 3380 0360
email – absent@yugumbirss.eq.edu.au

Please state your child’s name, class and reason for absence.
School Photos

This year’s photos will be taken on the 17th, 18th and 19th February.

Envelopes have been distributed today and should arrive home today or tomorrow. Please read the attached flyer re procedures for envelopes. A timetable of exactly when photos will be taken will be in next week’s newsletter.

How Screen Time Affects Rest

Having kids of our own my wife and I have noticed how difficult it can be to determine how much screen time our kids should be having, I came across this article by Dr Loughran, which I think is worth a read.

Chaplain Carlos

When little ones don’t get enough shut-eye they can become cranky, tired and moody, and run the risk of developing a host of physical and behavioural problems. And with more children using technology (at younger and younger ages), sleep specialists are seeing a clear link between too much screen time – the use of TV, computers and mobile devices – and poor quality of rest.

“The main effect of overusing media devices is that it can decrease the total amount of sleep kids get,” says Dr Sarah Loughran, sleep researcher at the University of Wollongong.

She says excess screen time can hamper sleep in three main ways:

• Timing - the use of electronic media can lead to delays in children’s bedtimes, resulting in less time being available for sleep.

• Content - engaging the brain with exciting or provocative information before bed may trigger emotional and hormonal responses (like adrenalin), which can reduce the ability to fall and stay asleep.

• Light emissions - light from electronic devices can disrupt the body’s natural occurring circadian rhythm, increasing alertness and suppressing the release of the hormone melatonin, which is important for regulating our sleep-wake cycle.

Being wise to your child’s screen time consumption can have far-reaching benefits for the whole family, for instance, more sleep! It should only take a few adjustments to your evening routine. Dr Loughran suggests the following:

• Set a ‘bed time’ for media devices - this should happen one or two hours before kids go to sleep, and applies to adults too so everyone gets into good habits.

• Tweak their bedtime routine - let kids wind-down properly in the run-up to bed, replacing screen time with gentle activities like stories, talking or bathing.

• No media devices in the bedroom - kids may kick back at first, but you will soon see the rewards of setting and sticking to this tough rule.

• Replace screen time with exercise during the day - outdoor exercise in bright light is wonderful for sleep and helps balance their ‘virtual’ and real lives.

• Limit food and drinks during screen time, especially at night - electronic devices tend to encourage mindless over-eating and drinking (especially of caffeine), which can stimulate the body and imbalance hormones. What constitutes ‘too much’ screen time remains to be defined. You might like to read up on the Department of Health guidelines. They recommend that children five to 12 years have no more than two hours of screen-based entertainment per day, and that two-to-five year olds have less than one hour. Dr Loughran

university of Wooloongong

Reading Eggs

Our school subscription for Reading Eggs and Reading Express ends on the 14th February 2015. Please ensure your children make good use of this access to Reading Eggs/Reading Express at home before it expires.

Individual subscriptions can be purchased directly from 3P Learning at a cost of $79 per students for a 12 months subscription.

Horticulture Program

If you have any food scraps for the chickens (NO ONIONS OR CITRUS), please take them to Teaching 6 in a covered container or sealed bag.

We also need old stockings.

Thank you
TUCKSHOP

Hours of Operation – 8.30 am to 1.30pm
Tuckshop does not open before.

New Lunch Sessions

1st Lunch - Years 4-7
10:45am - Little Lunch
1st Lunch - Prep to Year 3
11:00am - Big Lunch
2nd Lunch - Year 4 – 7
12:45pm - Big Lunch
2nd Lunch - Prep to Year 3
1:30pm - Little Lunch

ALL Lunch Orders
MUST be handed into the Tuckshop prior to 9.00am

Other Items available:
Recorders $9.00
Mouth Guards $4.00 (Available Mon – Thurs)
Chappy Sticks $4.00 (Proceeds go to the Chaplaincy)

Before School Sales
The only items available for purchase before school are:
- milk (plain or flavoured), water and fruit.
- NO other items will be sold before school.

Ice Cream Vouchers
Ice cream vouchers are only available for Prep and Grade 1.
- Children bring their bag back to the Tuckshop
- VOUCHERS MUST BE PURCHASED PRIOR TO 1ST BELL
- All other grades come with money to the Tuckshop

Tuckshop Lunch Orders
Parents please remind your child that if they are having tuckshop, to hand in their lunch orders to the Tuckshop prior to the first bell.

There is NO CREDIT available at the Tuckshop. If payment does not accompany the order then the order will not be delivered.

Tuckshop CANNOT change large notes as we do not keep a large amount of change on hand.

If your child’s order does not have the correct money in it to cover items ordered then your child’s order will be changed without any notice given to them.

If your child’s order comes in late they may not receive what they have ordered.

If your child has tuckshop and goes home sick and we are not notified, then No Refund or Substitute will be given.

No orders will be taken over the phone. NO EXCEPTIONS.
If students forget their lunch or it is left at home etc. they have a choice of either a vegemite or jam sandwich NO OTHER CHOICE, plus a piece of fruit and water. Lunch must be paid for by the following day NO EXCEPTIONS.

Allergies: If your child has a certain allergy to food products you are quite welcome to come and check out the ingredients of products offered by the Tuckshop.

Volunteers: If you can spare a few hours on any day, once a month, please contact Kay at the Tuckshop.

Tues 3 Feb Carol
Wed 4 Feb Donna, Katrina
Thurs 5 Feb Fri 6 Feb Mon 9 Feb Tues 10 Feb
Diana
Diana
Carol

Uniform Shop
Back to Normal Times:
Monday 2:30pm – 3:30pm
Wednesday 8:30am – 9:30am

Internet Banking

Please remember when paying school accounts via this option it is important that your Student’s ID Number as well as the Activity Code which are provided for each payment. This will enable office staff to identify the student and activity. If you require your child’s ID Number please contact the office.

Current Activity Codes:
Student Resource Scheme SRS2015
Instrumental Music Levy MUSIC2015
Year 4 Swimming SWIM2015

Education Qld does not allow us to accept AMEX (American Express) for any school payments.

School Bank Account Details:
Yugumbir State School General Account
BSB: 064 159
Account No. 00090333

Late Arrivals and Early Departure
All Late Arrival and Early Departure slips will now be issued from the Student Window, outside the office.
Also, please notify your child’s class teacher, by note or in person, if you are collecting your child from school early.

When signing children out early please be aware you will need to provide identification if a staff member requests it, please ensure you have current ID with you at all times.

Dates for Your Calendar

Thurs 5 Feb Yr 4 Swimming commences
Mon 9 Feb Yr 5 Parent Night 5-6pm
Tues 10 Feb Yr 6 Parent Night 5-6pm

Dates for 2015

Easter Vacation Fri 03 April to Fri 17 April
School resumes Mon 20 April
Anzac Day Sat 25 April
Queen’s Birthday Mon 08 June
Winter Vacation Mon 29 June to Fri 10 July
School resumes Mon 13 July
Spring Vacation Mon 21 Sept to Mon 05 Oct
Labour Day Mon 05 Oct
School Resumes Tues 06 Oct
Student Free Day Mon 19 Oct
Last School Day Fri 11 Dec

ADVERTISING

Need more room?

NATIONAL STORAGE
BROWNS PLAINS
07 3380 0500
80 Johnson Road, Browns Plains QLD 4118

nationalstorage.com.au

5
School Photo Day

at

Yugumbir State School

‘Country School Photos’

will be at our school to take class, portrait and sibling photos

on

Tuesday 17\textsuperscript{th} February
Wednesday 18\textsuperscript{th} February
Thursday 19\textsuperscript{th} February

- Each student is to bring their envelope to the photographer on photo day. (not prior to)
- Each student will be photographed in their class photo and individually.
- Photo packages and prices are on the envelope. Payment can be made by cash, credit card or cheque.

Please contact Donna who will happily answer any questions you may have.

Mob: 0427 946 360/Ph: 07 3890 1078
Email: countryschoolphotos@gmail.com www.countryschoolphotos.com.au
Participation Agreement Form

Yugumbir State School

2015 Student Resource Scheme (Please complete a form for each child)

<table>
<thead>
<tr>
<th>Student Given Name</th>
<th>Student Surname</th>
<th>Year Level in 2015</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>$50</td>
</tr>
</tbody>
</table>

Participation

☐ Yes  I wish to participate in the Student Resource Scheme in 2015. I have read and understand the Terms and Conditions of the scheme and agree to abide by them.

☐ No   I do not wish to participate in the 2015 Student Resource Scheme. I have read and understand the Terms and Conditions of the scheme and agree to abide by them, particularly paragraphs 11 and 12, and supply ALL resources as requested.

Method of Payment

I wish to make payment by: ☐ Cash ☐ Cheque ☐ Credit/Debit Card

☐ EFT (Electronic Funds Transfer) please contact the school office for details if paying by this method.

SCHOOL NOMINATED BANK ACCOUNT DETAILS: Yugumbir State School  BSB 064-159  Account 00090333

For payment by Credit/Debit Card, I hereby authorise the school to debit my:

☐ MasterCard ☐ Visa (NO AMEX ACCEPTED)

Card Number: _______________________________ Expiry Date: ____________

For ☐ an amount of $__________

Name of Cardholder as it appears on the card: ____________________________ Signature of Cardholder: __________________________

The resource scheme provides us with significant opportunities to refine explicit teaching strategies for all students and ensure we personalise the teaching and learning for every child. As we continue to embed the Australian Curriculum and make use of the “Curriculum into the Classroom” units of work developed by Education Queensland, we continue to develop year level and unit specific resources to meet the needs of all students including those with special needs and academic strengths. By inviting and encouraging parents to support an annual $50.00 Resource Scheme contribution we will be able to produce very explicit resources to align to the work being taught in each classroom. It will also provide you with clear savings to online subscriptions that our teachers use to consolidate your child’s learning.

The School Resource Scheme includes the provision of:

- Subsidise the dance lessons (10) by Footsteps Dance Company in Term 2
- Reproduced class materials which complement and/or substitute textbooks
- Online subscriptions (Reading Eggs, Mathletics and Ideal Resources)
- Photocopying costs (classroom materials and workbooks only)
- Materials for key learning areas where the instruction is extended through providing practical learning experiences in excess of materials provided by our school grants

Children of parents who choose not to participate in the School Resource Scheme will not be provided with any of the resources above or access to online subscriptions.

The school will provide parents and caregivers with an invoice for the resource scheme payment.

Payment

☐ I agree to pay the Student Resource Scheme by the due date and I understand that any failure to make payment by this date may result in my child(ren) being excluded from extra-curricular activities. Access may be withheld even if the student is presenting payment specifically for the extra-curricular activity.

Details (please print)

Parent/Carer Name: ___________________________________________________

Contact Number: __________________________

Parent/Carer Signature: __________________________ Date: __________________

Note: Parents must complete a separate form for each child that is attending Yugumbir State School.
School Banking 2015.

Account Opening Day

This year's School Banking program is taking your child on an intergalactic mission to learn smart savings habits with the Dolermites.

For more information on getting started, get to your school's Account Opening Day.

Date: 4th February 2015  Monday 9th February 8:30am
Time: 2pm
Location: Yugumbir State School

Note: Please bring your driver's licence for identity verification.

Messy Kids has started.
This is going to be fun and ...
Messy, very Messy!

Messy Kids is for preschool children 0-5 years of age who are under supervision of a parent or grandparent – we just provide the opportunity for them to play with messy stuff. Moms, dads or grandparents, come and have a chat while you look how your child play at their own pace and become really creative, experiencing many textures, shapes and colours.

They play with goo, coloured spaghetti, “snow”, water pistols, dress-ups, shredded paper and in water features. They can crawl in tunnels, do craft, paint with different things or just ride on a scooter. Actually, they can make it all they want… and we clean up the mess afterwards.

Place: Browns Plains Presbyterian Church,
276 Waller Road, Heritage Park 4118

Day: Every Monday morning during school terms
Time: 9:00am to 10:30am
Cost: Free – donations are welcome to keep us going

Important: Bring a hat, a spare change of clothes and a towel!

Visit our Facebook page to join: Messy Kids BPPC
Is your child at school or starting next year? Would you like $500 to help pay for uniforms, books, excursions or a laptop?

To be eligible you need to:
- have a Health Care or a Pensioner Concession Card
- have a child at school now or starting next year
- have some form of household income, for example, your partner or yourself may have casual, part-time, full-time or seasonal employment.

Saver Plus can match your savings for school costs, dollar for dollar, up to $500. Saver Plus is looking for new participants so enquire about signing up today!

To find out more, phone or SMS your name and postcode to 1300 610 355, or email saverplus@bsi.org.au
LOGAN Hockey Club

SIGN ON DAY

Date: Saturday February 7th
Location: Meakin Park
165 Meakin Rd, Slacks Creek
Time: 9am - 11am

Come on down and have a social game of hockey.
Enjoy a sausage sizzle after the game.
Sign your kids up for junior hockey.
Logan Hockey Club has women's Turf and Grass Hockey.

With Turf teams in both Brisbane and Gold Coast competitions, and opportunities to play dual competitions

For more information:
loganhockey@hotmail.com

Follow Us
Logan Hockey

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ENROL ALL YEAR ROUND!

$8 Sessions From

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- No Rego Fees.
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- No Rego Fees.
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- Boys & Girls.
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- Team Coaching
- Soccer Clinics
- Soccer Equip.
- GK Coaching
- Indoor Camps

www.galaxysoccer.com.au
Or Call (07) 31 776 775

THEY'LL LOVE IT!
Parents who wish their child/ren to receive the sacraments of Reconciliation, Confirmation and Communion in 2015 are invited to attend an enrolment evening at **7pm on Thursday 19th February** in St Bernardine’s Church, Regents Park. Children must be 8 years or older and baptised Catholic.
The children should also attend the enrolment evening. Attendance at the enrolment evening is essential. No late enrolments will be taken without prior arrangement.
The cost of the program is $50, which includes the cost of the stole the child will receive at Confirmation later in the year. For children who are preparing for Reconciliation only, the cost is $20. Payment should be received by **Thursday 26th February 2015**
Please contact Jean Tamblyn at the parish office if you have any queries.
Ph. 3884 7600 or email stbern@bne.bne.catholic.net.au
Metro South Health provides free dental care to children throughout our region.

Who is eligible?
- All children aged 4 through to year 10
- Students in years 11 and 12 who have a current Centrelink Card, Healthcare Card or Pension Card
- 0-3 year olds whose parents have a current Centrelink Card, Healthcare Card or Pension Card
- 2-17 year olds who are eligible for the Child Dental Benefits Schedule

Who needs to attend the appointment?
A parent or legal guardian is required to attend every dental appointment.

How do I make an appointment?
You can now book an appointment for you and your child at a time and location convenient for you. For all appointments, please telephone:

1300 300 850
Metro South Oral Health Hub

Cost of a local call. Calls from mobile phones may be charged at a higher rate. Please check with your telephone service provider.

FREE DENTAL CARE AVAILABLE NOW

Dear Parents of Children in Year 6 & 7's

We would like to offer your children a dental appointment before they finish their primary school years, to ensure they have optimal oral health for high school.

Once they attend for this appointment we will register them with Metro South Oral Health, and recall them every year to ensure their oral health is maintained in High School.

Telephone 1300 300 850 to arrange an appointment at a public dental clinic near you.
A list of dental clinics that are currently open are listed on the back of this flyer. You can attend any clinic that is conveniently located near you.

LOCATION OF SCHOOL DENTAL CLINICS CURRENTLY OPEN
- Beaudesert State Primary School, Tina St, Beaudesert
- Beenleigh State Primary School, 22 James St, Beenleigh
- Birkdale State Primary, Agnes St, Birkdale
- Cannon Hill State Primary School, Molloy Rd, Cannon Hill
- Capalaba State Primary School, Mt Cotton Rd, Capalaba
- Cleveland State Primary School, Wynyard St, Cleveland
- Eagleby State Primary School, Cnr Fryar & River Hills Rd, Eagleby
- Greenbank State Primary School, 24-36 Goodna Rd, Greenbank
- Harris Field State Primary School, Smith Rd, Woodridge
- Holland Park Oral Health Centre, 137A Abbotsleigh St, Holland Park
- Inala Central State Primary School, Gisela Rd, Inala
- Jimboomba State Primary School, Mt Lindsay Highway, Jimboomba
- Jindalee State Primary School, Wungura St, Jindalee
- Kingston Oral Health Centre, Juers Rd, Kingston
- Macgregor State Primary School, McCullough St, Macgregor
- Manly West State Primary School, Manly Rd, Manly West
- Mt Cotton State Primary School, 124A Anzac Cotton Rd, Mt Cotton
- Regents Park State Primary School, Emerald Drive, Regents Park
- Rochedale State Primary School, Rochedale Rd, Rochedale
- Runcorn State Primary School, Corner Main & Beenleigh Rds, Runcorn
- Slacks Creek State Primary School, Azalea Avenue, Slacks Creek
- Springfield Rd State Primary School, 94-120 Springfield Rd, Springfield
- St Rita’s Primary School, 39 Beren Rd, Victoria Point
- Wynnum West State Primary School, Wynnum Rd, Wynnum West
- Woodridge North State Primary School, Arthur St, Woodridge
- Yeronga Oral Health Centre, 159 Park Rd, Yeronga

Not all clinics are open every day. We will try to accommodate your booking at a clinic suitable to you.